



# Online Emotionally Focused Therapy Training NZ 2022

with NZ Trainers Heike McCahon and Yve Gould

**VIA ZOOM!**

## Facilitated by Heike & Yve

Externship	21–22 Feb and 25–26 Feb 2022	Heike McCahon
Externship	1–2 April (pt.1) and 6–7 May (pt.2) 2022	Yve Gould
Core Skills 1	30–31 May and 3–4 June 2022	Heike McCahon
Core Skills 1	7–8 July and 11–12 July 2022	Yve Gould
Core Skills 2	22–23 Sept and 26–27 Sept 2022	Yve Gould
Core Skills 2	31 Oct–1 Nov and 4–5 Nov 2022	Heike McCahon

### EXTERNSHIP FEE: **NZ\$1,295**

\*early bird NZ\$1,095

\*student/low income NZ\$950

\*repeat NZ\$700

### CORE SKILLS 1&2 FEE: **NZ\$900**

\*student/low income NZ\$750

\*repeat NZ\$790

Scholarship places for Maori/Pasifika therapists or therapists who work in these communities

Cancellations are subject to a \$50 administration fee and must be made in writing at least 8 days prior to the workshop date to qualify for a refund of the balance paid. If you cancel with less than 8 days' notice, you will be refunded 50%. In the unlikely event of us having to cancel due to a lack of participants or other unforeseen circumstances, we will refund your paid workshop fees but are unable to reimburse you for further costs.

### EFT is:

- A short-term focused treatment for individuals, couples and families, which blends family systems and experiential approaches to therapy with attachment theory.
- Developed by Dr. Sue Johnson, and showing strong empirical evidence for positive client outcomes. It is globally the most successful approach to couple therapy.
- Reflecting the most recent research on the nature of relationship distress, which results from a perceived threat to basic adult needs for safety, security, and closeness in intimate relationships.
- Based on a solid treatment map, which helps the therapist guide the couple away from conflict impasse into new bonding interactions.
- Holding the solution to helping couples thrive again!

### PRESENTERS:



**Yve Gould**

Reg. Psychotherapist, MNZAP, M. Couns, EFT Therapist, Supervisor and Trainer (ICEEFT), Dip. Teaching

**Heike McCahon**

MNZAC, M.A., Dip. Counselling, EFT Therapist, Supervisor and Trainer (ICEEFT), Dip. Teaching



To register, go to: [www.nzceft.org/eft-training.html](http://www.nzceft.org/eft-training.html)

Enquiries to: [stellacarr20@gmail.com](mailto:stellacarr20@gmail.com)