



Emotionally Focused Therapy for Couples (EFT)

Practitioner Training – Core Skills 1

AUCKLAND 16 – 19 October 2019



Yve Gould

Yve Gould is a Certified Emotionally Focused Therapy Trainer, whose trainer certification was personally reviewed and approved by Dr. Sue Johnson. She is an experienced therapist, teacher, facilitator and supervisor. Yve was mentored by Dr. Rebecca Jorgensen throughout her Certification as EFT Trainer, Supervisor and Therapist. Yve was also mentored by Dr. Jennifer Fitzgerald in Australia. Yve has been fortunate to co-teach in the training of EFT therapists in Hawaii, Perth, Melbourne and Brisbane. Yve will continue to train in both Australia and New Zealand in 2019 and will also continue to collaborate with Dr. Jorgensen in on-line training and learning. Yve is also a Registered Psychotherapist with a Master of Counselling and a Graduate Diploma of Teaching.

Core Skills 1 is an opportunity to deepen your understanding of EFT theory and translate it into more effective and deliberate interventions with your couples.

This follows the EFT Externship & is part of the training requirement for becoming a Certified EFT Therapist.

For further details about the EFT Certification process please go to www.iceeft.com

The four-day workshop will focus on specific steps of the therapy process model.

Days 1 & 2:

Focus on assessment, creating a collaborative working alliance, and mapping the negative interactional pattern.

Days 3 & 4:

Focus on identifying and accessing the underlying attachment-based emotions and models of self that prime and drive the negative interactive cycle—and how to de-escalate the cycle.

Case Presentations:

The opportunity to receive case consultation and feedback on your couple work in a safe & supportive environment.

Venue: Independent Living Charitable Trust

14 Erson Avenue, Royal Oak

Cost: \$1,400

*Early Bird \$1,095 paid by 31 July 2019

*Repeat Core Skills 1 ½ fee

Requirements:

1. Completion of EFT Externship.
2. Each participant must present a case and show 10 - 20 min of videotape. This can be done in Core Skills 1 or 2 and is required by ICEEFT.
3. Participants must be qualified therapists or be in training or otherwise legally allowed to practice as mental health professionals.
4. Minimum requirement of 12 registrations by July 31 for workshop to run.

It is ideal for participants to have prior experience working with couples and have at least one couple on their current caseload willing to be videotaped for case consultation and feedback of their clinical work. If this is not possible, you may present a case and role play the couple session with the group. Please discuss with Yve.

[REGISTER NOW](#)

For more information contact:
therapy@yvegould.co.nz

Cancellations are subject to a \$50 administration fee and must be made in writing at least 8 days prior to the workshop date to qualify for a refund of the balance paid. If you cancel with less than 8 days' notice, you will be refunded 50%. In the unlikely event of us having to cancel due to a lack of participants or other unforeseen circumstances, we will refund your paid workshop fees but are unable to reimburse you for further costs such as travel, airfares and accommodation.